

Paola Cardinali

Department of Economics, Universitas Mercatorum,
Piazza Mattei, 10, 00186, Roma, Italy.
paola.cardinali@unimercatorum.it

ORCID: <https://orcid.org/0000-0002-9712-8179>
Scopus Author ID: 56370632100



Education

2020: Certificate in Family Psychotherapy, Eteropoiesi Institute of Turin
2017: Certificate in Family Mediation, Logos Institute of Genoa
2015: Master in Perinatal Psychology, University of Brescia
2012: Certificate in Family Enrichment, Catholic University of Milan
2010: PhD in Migration and Intercultural Relationships, University of Genoa
2006: MA in Psychology, magna cum laude, University of Genoa
2004: BA in psychological sciences and techniques, University of Genoa

Academic Experience

Associate Professor in Social Psychology at Universitas Mercatorum (2021-present)

2018: *National scientific qualification as Associate Professor –Sector M-PSI/05: Social Psychology.*

Research Fellow in Social Psychology at University of Genoa (2017-2021)

Research project:

2021: Beyond the Bridge: Assessing and increasing Community Resilience after disaster
2020-2021: House and Community's Meanings in the Migration Context
2018-2019: Evaluation of a national program for the promotion of parenting skills in early childhood within the evidence-based prevention perspective
2017-2018: Birthplace perception in mother, partner and midwives

Teaching Experience in Social Psychology (2011-present)

Group Psychology
Family Psychology Methods
Social Psychology

Peer reviewer for international journals

Nursing Reports
Behavioral Sciences
European Health Psychology Society
Health Psychology and Behavioral Medicine
International Journal of Qualitative Studies in Education

Non Academic Experience

Psychologist and Trainer for teachers, educators, clinicians

Research Interests

My topics of research are psychological home, family relationships, immigration paths and acculturation processes, self-determination, well-being and quality of life especially in childhood and adolescence.

Selected publications

- **Cardinali, P.**, Ferrari, J.R., Romoli, V., Camilleri, A., Migliorini, L. (2022) The Meaning of Home in Male Migration: Listening to Men's Experiences, *Journal of International Migration and Integration*
- Romoli, V., **Cardinali, P.**, Ferrari, J.R., Migliorini, L. (2022). Migrant perceptions of psychological home: A scoping review, **International Journal of Intercultural Relations**, 86, 14–25
- Marzana, D., Novara, C., De Piccoli, N., ...Arcidiacono, C., Procentese, F. (2021). Community dimensions and emotions in the era of COVID-19, *Journal of Community and Applied Social Psychology*
- **Cardinali, P.**, Rapetti, E., Migliorini, L. (2021). Fear of hypoglycemia in Italian mothers of children with type 1 diabetes: the mediating role of resilience. *Health Psychology Research*. August 2021. doi:10.52965/001c.27439.
- Migliorini, L., De Piccoli, N., **Cardinali, P.**, Rollero, C., Marzana, D., ...Di Napoli, I. (2021). Contextual Influences on Italian University Students during the Covid-19 Lockdown: Emotional Responses, Coping Strategies and Resilience, *Community Psychology in Global Perspective* 7,1, 71-87.
- Migliorini, L., Romoli, V., **Cardinali, P.** (2021). Social Workers and Families: An Italian Perspective on the Family-Centered Approach. *Research on Social Work Practice*, 31(4) 337-342.
- **Cardinali, P.**, Varani, N., Migliorini, P. (2020). Sustainable tourism attitude and preference in Italian adults: Value orientation and psychological need satisfaction, *Sustainability*, 12(24), pp. 1–11, 10517.
- **Cardinali, P.**, Badalassi, G., Emmi, V., Gentile, F., Migliorini, L. (2020). Vulnerability to Child Maltreatment and Neglect in Italy: A Proposal of an Indicator, *The Open Psychology Journal*, 13, DOI: 10.2174/187435010201301.
- Migliorini, L., **Cardinali, P.**, Rania, N. (2019). How could self-determination theory be useful for facing health innovation challenges? *Frontiers in Psychology*
- **Cardinali, P.**, Migliorini, L., Rania, N. (2019). The caregiving experiences of fathers and mothers of children with rare diseases in Italy: Challenges and social support perceptions. *Frontiers in Psychology*
- **Cardinali P.**, Migliorini L., Giribone F., Bizzi F., Cavanna D. (2018). Domestic violence in separated couples in Italian Context: Communalities and singularities of women and men experiences. *Frontiers in Psychology* 9(SEP),1602
- Houlis, D., **Cardinali, P.**, Cocchi, G., Cavanna D. (2018). Evaluating care experiences: Satisfaction and perception of the quality of care in a group of Italian professionals | [Valutare le esperienze di cura: soddisfazione e percezione della qualità dell'assistenza in un gruppo di professionisti italiani], *Salute e Società*, 17(3), pp. 151-168
- Migliorini L., Rania N., **Cardinali P.**, Guiducci V., Cavanna D. (2018) Motivations and Family Functioning of Foster Families in Italy. *Journal of Social Service Research*, 1-9.
- Migliorini L., Rania N., **Cardinali P.** (2016). Acculturation strategies and adjustment among immigrant and host Italian communities. *TPM - Testing, Psychometrics, Methodology in Applied Psychology* 23 (1), pp. 99-112

- Migliorini L., Rania N., Tassara T., **Cardinali P.** (2016) Family Routine Behaviors and Meaningful Rituals: a comparison between Italian and Migrant Couples. *SOCIAL BEHAVIOR AND PERSONALITY*, 2016, 44(1), 9–18
- **Cardinali P.**, Migliorini L., Andrighetto L., Rania N., Visintin E.P. (2016). Improving Academic Attitudes among Ethnic Minority Youth at Risk for Early School Leaving: The Interactive Effects of Cross-group Friendships and Ethnic Identity. *Journal of Applied Social Psychology*
- Migliorini, L, Rania, N., Cavanna, D., **Cardinali, P.**, Guiducci, V. (2016). Comparing Maltreating and Foster Families in Italy. *Journal of Child and Family Studies*. DOI: 10.1007/s10826-015-0269-5
- Rania, Migliorini, Rebora, **Cardinali** (2015). Daily Family Routines of Italian and Ecuadorian Immigrant Mothers in Everyday Life: A Qualitative Approach Using Diaries and Interviews. *SAGE Open* 5(4) DOI: 10.1177/2158244015609411
- Migliorini, Rania, **Cardinali** (2015). Intercultural Learning Context and Acculturation Strategies, *Procedia, Social and Behavioral Sciences*, 171, DOI:10.1016/j.sbspro.2015.01.135
- Rania, Migliorini, Rebora, **Cardinali** (2015). Photovoice and Interpretation of Pictures in a Group Discussion: A Community Psychology Approach. *Qualitative Research in Psychology* 12(4):382-396
- Rania, N., Migliorini, L., **Cardinali, P.**, · Rebora, S. (2015). Giving a face to immigration and integration processes: The use of photovoice with Italian young adults, *Qualitative Report* 07/2015; 20(6):780-798.
- Rania, N., Migliorini, L., Sclavo, E., **Cardinali P.**, Lotti A. (2014) Unaccompanied migrant adolescents in Italian context: tailored educational interventions and acculturation stress. *Child & Youth Services* 02/2014; 35(4):292-315. DOI:10.1080/0145935X.2014.955173
- Rania N., **Cardinali P.**, Cifatte C., Migliorini L. (2012). Adolescent Adjustment and cultural self-efficacy. *Problems of Psychology in the 21 Century*, 1, 59-71.
- Migliorini L., **Cardinali P.**, Rania N. (2011) La cotidianidad de lo familiar y las habilidades de los niños, *Psicoperspectivas*, VOL. 10, N° 2, pp. 183-201.
- Migliorini L., **Cardinali P.** & Rania, N. (2009). Family life and child competencies: a preliminary study of children's representations of their families. *International Journal of Developmental and Educational Psychology*, XXI, 1 (1), 199-208. ISSN 0214-9877.
- Migliorini L., Rania N. & **Cardinali P.** (2008). Action Research and group development. *Gestalt Theory. An International Multidisciplinary Journal*, 30 (4), 461-471. ISSN: 0170-057X.
- Migliorini L., Rania N., **Cardinali P.** & Manetti, M. (2008). Sense of safety and the urban environment: a study of preadolescents and adolescents. *Medio Ambiente y Comportamiento Humano*, 9 (2), 69-89. ISSN: 1576-6462
- .

Genova, 10/02/2022